

## Six Types of Self-Statements

<b>Before I Write</b>	Problem Definition	<ul style="list-style-type: none"> <li>• “What do I have to do here?”</li> <li>• “What is the prompt asking me to do? I should read it several times and really pull it apart carefully so I get at what it is asking.”</li> <li>• “What is my first step?”</li> <li>• “I want to write an informative, interesting essay.”</li> </ul>
	Focus, Attention, and Planning	<ul style="list-style-type: none"> <li>• “I need to concentrate, be careful and think of steps.”</li> <li>• “I need to make a plan. First I will, then I will...”</li> </ul>
<b>While I Write</b>	Coping and Self Control	<ul style="list-style-type: none"> <li>• “Don’t worry. I can handle this. I know the steps.”</li> <li>• “It is OK to feel nervous. A little nervousness can actually help me do my best work.”</li> </ul>
	Strategy Implementation	<ul style="list-style-type: none"> <li>• “I will write down the strategy and check off each part as I use it in my writing.”</li> <li>• “My goals for this essay are to...”</li> </ul>
<b>After I Write</b>	Self-Evaluation and Error Correction	<ul style="list-style-type: none"> <li>• “Did I include all the parts? Whoops, I missed one. That’s OK--I can revise it.”</li> <li>• “Did I recheck to make sure my answer responds to the prompt?”</li> </ul>
	Self-Reinforcement	<ul style="list-style-type: none"> <li>• “I’m getting better at this. This feels so much easier now that I use strategies.”</li> <li>• “I like this ending. Just wait until my teacher reads it!”</li> </ul>

This chart was created based on examples provided in: **Harris, K.R., Graham, S., Mason, L.H., & Friedlander, B. (2008). *Powerful Writing Strategies for All Students*. Baltimore, MD: Paul H. Brookes Publishing Co., Inc**