

BOOKS WE WILL READ



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PROJECT READY!

UNIT 6: MY AMAZING BODY



This unit is all about the wonders of the human body. We will learn about our body parts, our senses, and our beautiful skin. We will explore taking care of our bodies by eating healthy foods, exercising, and taking care of our teeth. The unit wraps up with a study of emotions, where we will practice identifying, understanding, and managing our feelings.

UNIT OVERVIEW



UNIT THEMES

- Our Bodies: Body Parts, Five Senses, Skin
- Taking Care of our Bodies: Healthy Eating, Exercise, Taking Care of our Teeth
- Understanding and Managing Feelings

VOCABULARY WORDS

body- all of the different parts that make up a person

x-ray- a picture of the bones inside a body

senses- special ways the body gathers information (hearing, sight, touch, taste, smell)

same- a match

different- not the same, unique

shades- varieties of the same color

splendid- amazing, magnificent

clever- smart, skilled

plucked- picked

dentist- doctor who takes care of teeth

gentle- soft, kind

eager- excited to do something

cranky- grumpy, unhappy

peaceful- calm

Academically rich vocabulary words are chosen and taught from books read aloud in the unit.

Words are defined in language that is familiar to students and discussed within the read aloud routine. Words are also revisited throughout the day. The words above are a sampling of the words introduced in this unit. Use them in conversation with your student.

LANGUAGE TIME

(WE BEGIN EACH DAY WITH THIS SONG)

Head, Shoulders, Knees, and Toes (Start standing)

Head, shoulders, knees and toes,
knees and toes

(Point to each body part as you sing)

Head, shoulders, knees and toes,
knees and toes

(Point to each body part as you sing)

Eyes and ears and mouth and nose.
(Point to each body part as you sing)

Head, shoulders, knees and toes,
knees and toes

(Point to each body part as you sing)

PLAY



The dramatic play area transforms into a healthy restaurant. Students will take turns playing the role of chef, server, and guest. They will use their new vocabulary and knowledge of healthy foods when pretending to order, prepare, serve, and eat delicious, healthy meals.

PRACTICE TOGETHER