

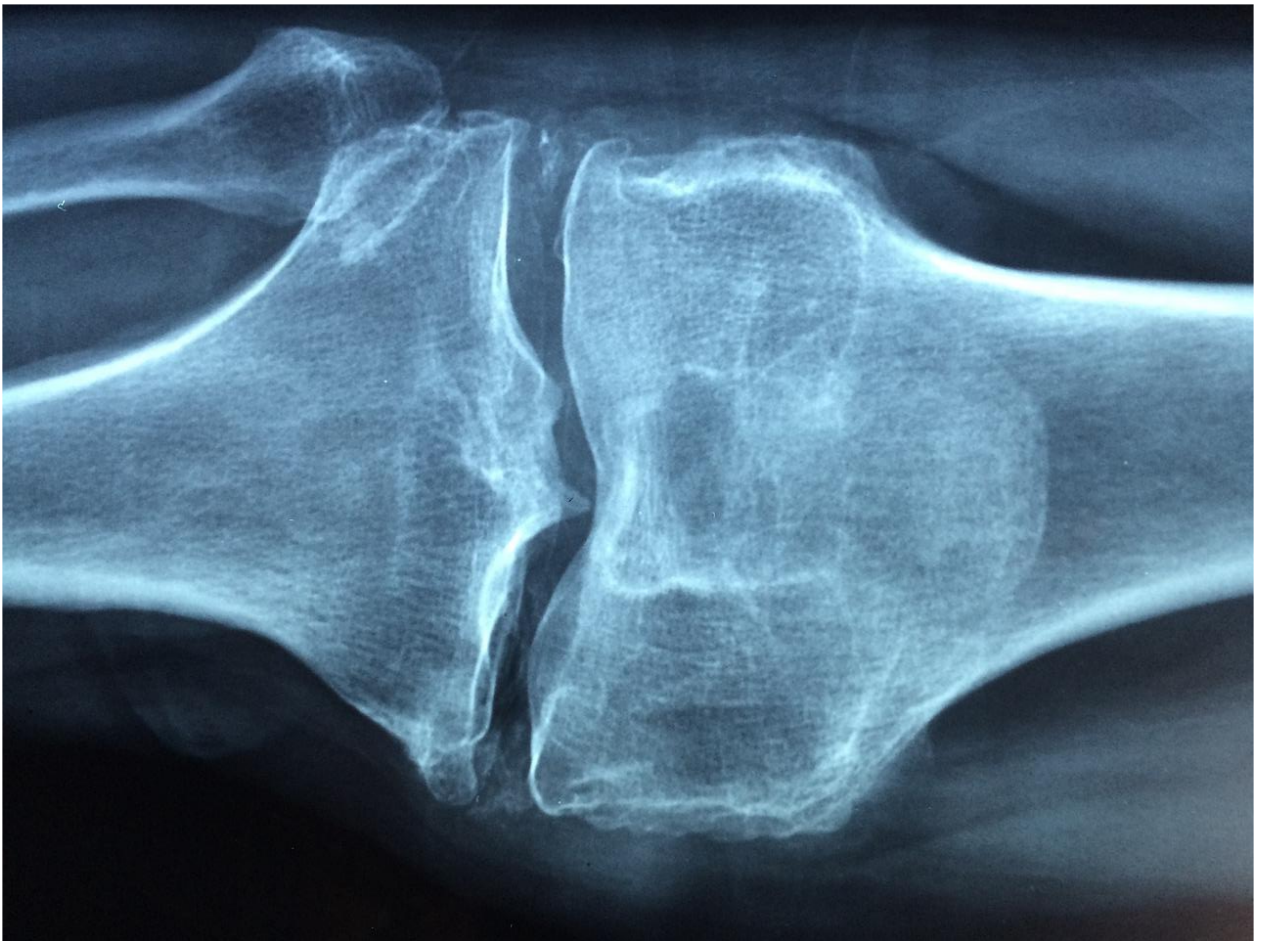
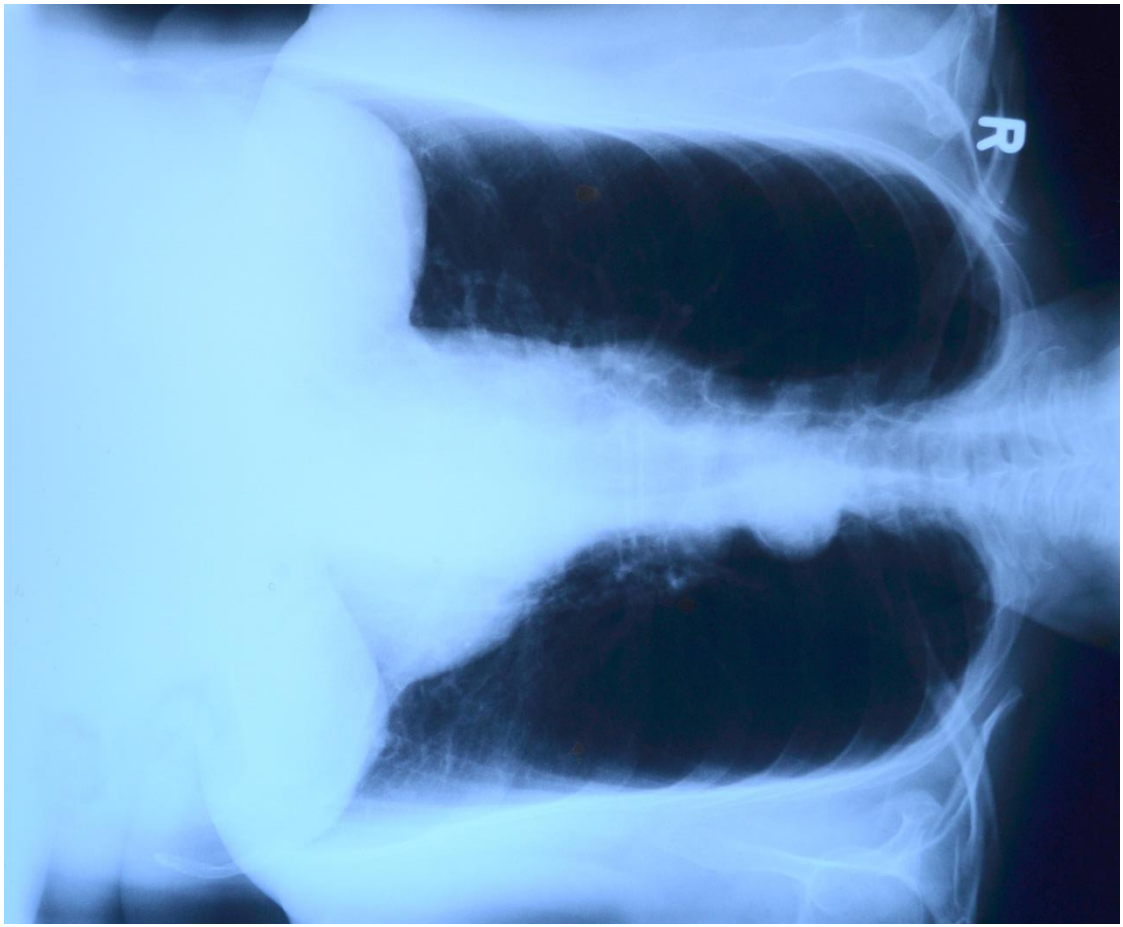


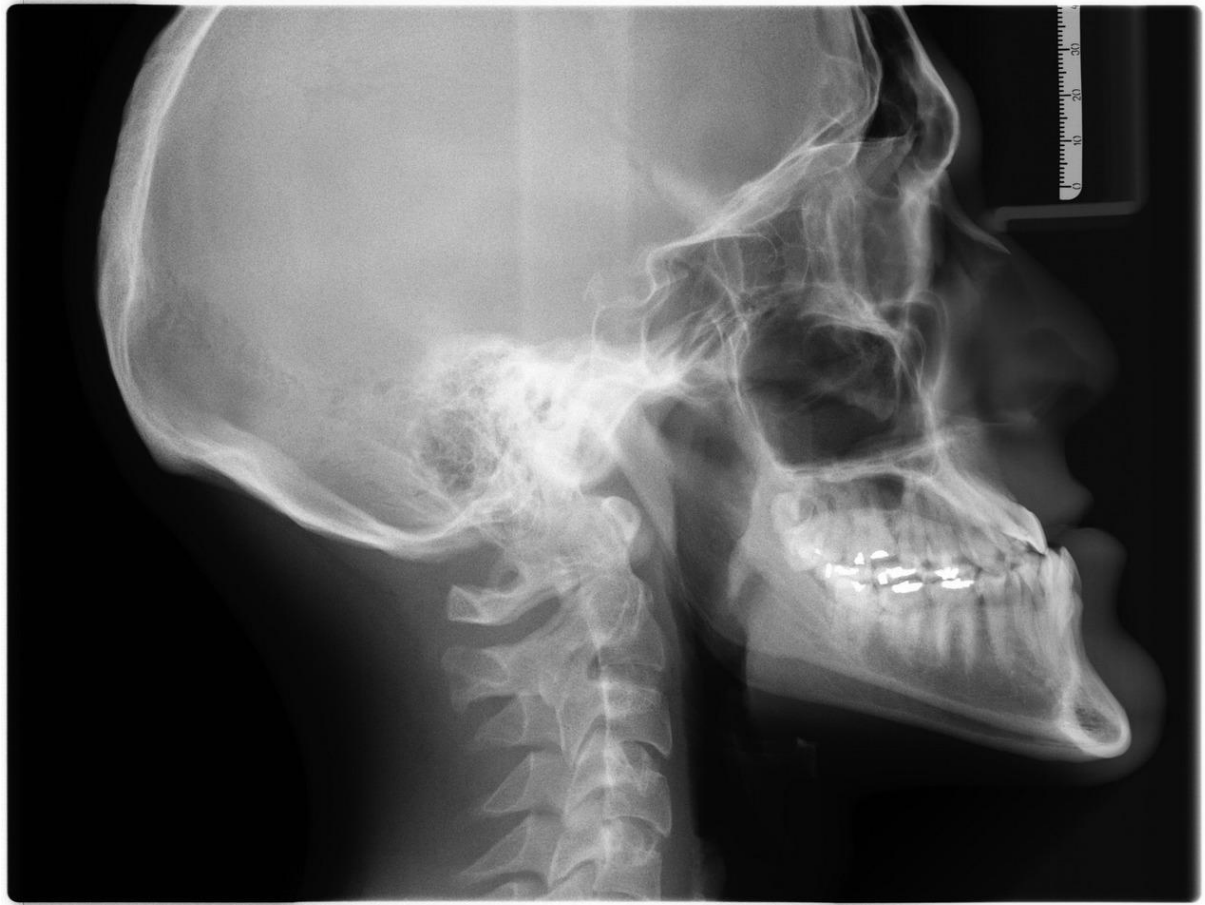
Materials for My Amazing Body Unit

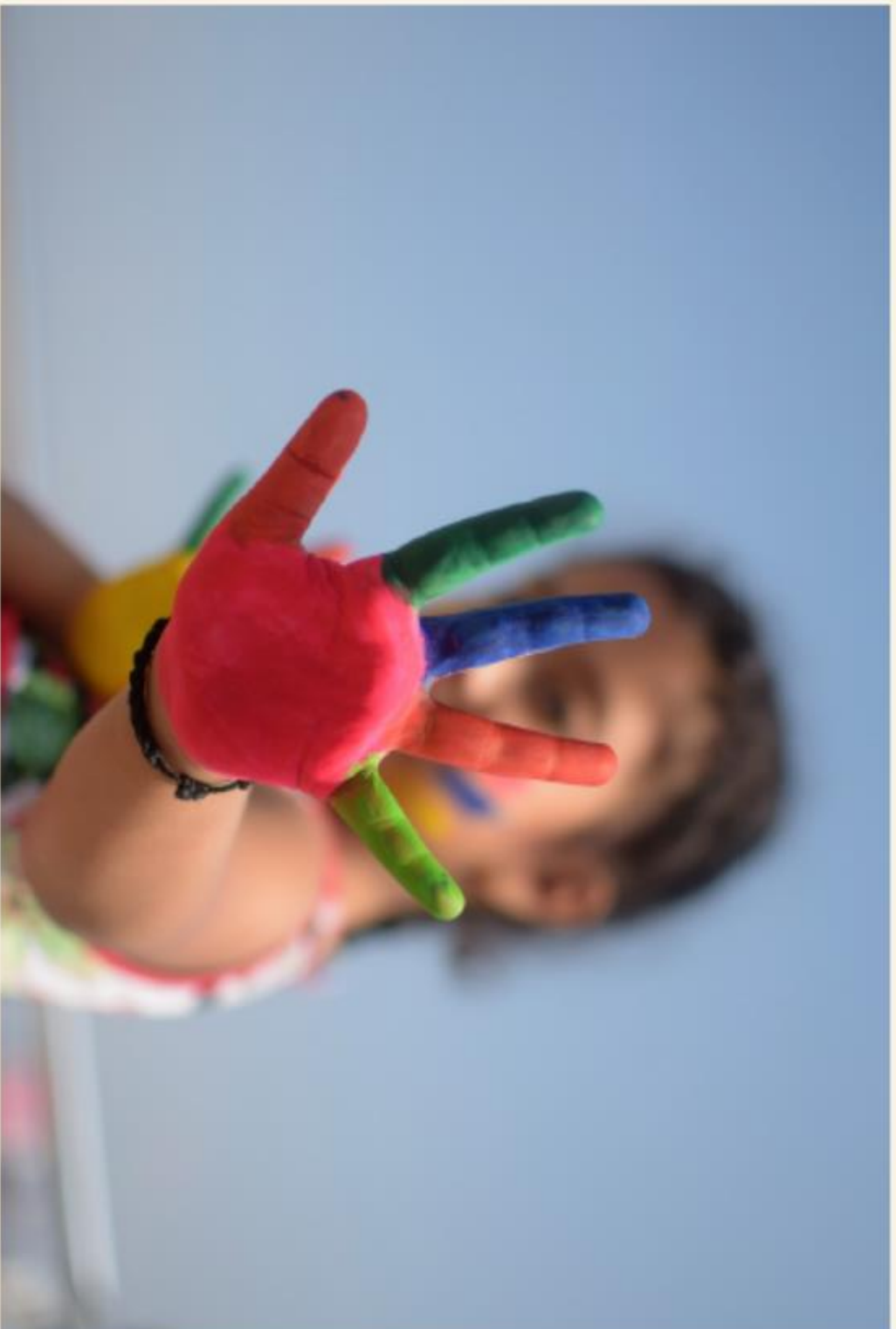
Table of Contents

Book 2- <i>Jessica's X-Ray</i> Sample X-Rays	1
Book 4- <i>Counting with My Five Senses</i> by The Project Ready! Team...4	
Book 4 – <i>Counting with My Five Senses</i> Counting Cards	17
Book 8 – <i>All Bodies Are Good Bodies</i> All About Me Activity	21
Book 9- <i>From the Garden</i> Counting Cards	22
Book11 - <i>Teeth</i> by The Project Ready! Team	29
Book 12 – <i>Just Going to the Dentist</i> Craft Template	52
Book 14- <i>The Feelings Book</i> Craft Template	53
Wordless <i>Hug</i> Memory Game	54









Counting With My Five Senses

Text by The Project Ready! Team

I can...

smell

taste

see

hear

touch



I use my senses every day. My senses help me to gather information about the world around me. I have five senses.



In my kitchen, I use my sense of **smell**. I smell one pizza baking in the oven. Delicious!



When the pizza is ready, I use my sense of **taste**. I taste the cheese and pepperoni on my slice. Yum!



I look down and use my sense of **sight**. I see my white plate, the pizza crust I never eat, and my dog who is hoping for a bite. No, no!



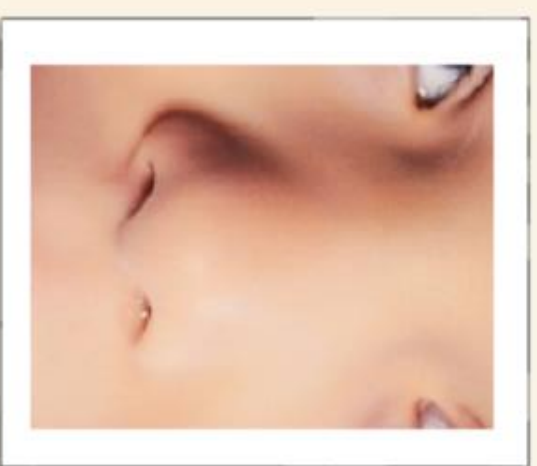
4

We're almost done with dinner, and I use my sense of **hearing**. I hear my sister giggling at a joke, my dog's hungry whine, the tinkling ice in my mom's water glass, and my father saying, "It's time to be excused." Let's go!



5

We stand and clean up dinner. I use my sense of **touch**. I feel the sticky plates stacked by the sink, the soapy water, the broom I use to sweep up my crumbs, the crunchy food I pour into my dog's bowl, and his soft fur as I give him a pat. Good dog!



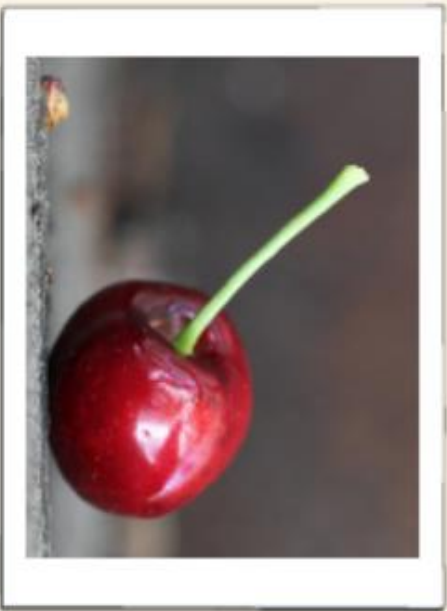
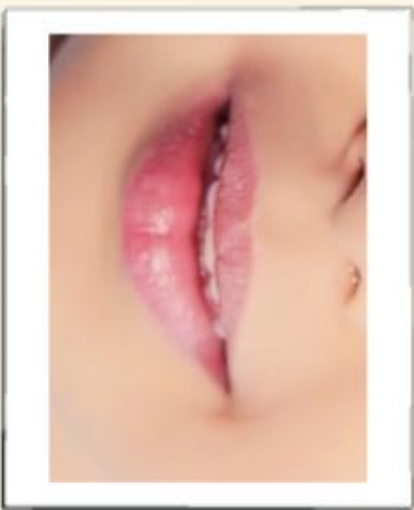
Dinner is over and everything is cleaned up. I have a few minutes to play. I step outside and use my sense of **smell**. I smell the flower just beginning to bloom by my patio.



I listen to the sounds of my neighborhood. I use my sense of **hearing**. I notice a bird calling in the tree and something else... It's the jangling sound of the ice cream truck. Hooray!



I run to the end of my driveway and wait for my turn. I use my sense of **touch** to buy my delicious treat. I feel the crisp dollar in my hand, the blast of cold air as the ice cream man opens his window, and the crunchy cone holding my dessert. Yay!



I savor my special treat. I use my sense of **taste**. I taste vanilla, strawberry, pistachio, and my favorite—the cherry on top. So tasty!



5

I finish my treat and look around. I use my sense of **sight**. I see the green grass, the blue sky above me, my neighbor's brick house, the yellow center of a daisy in our garden, and the orange sun just beginning to set. Beautiful!



It has been a wonderful day. I had so much fun using my five senses to experience the world around me. Do you remember the things my sense help me to do? Let's say them one more time. I can see. I can hear. I can taste. I can touch. I can smell. Good night!

Book 4- Counting with My Five Senses Counting Cards



Book 4- Counting with My Five Senses Counting Cards



Book 4- Counting with My Five Senses Counting Cards



Book 4- Counting with My Five Senses Counting Cards





ALL ABOUT ME



MY NAME IS...

MY AGE

MY FAVORITE THINGS

A PICTURE OF ME





Book 9- From the Garden Counting Cards







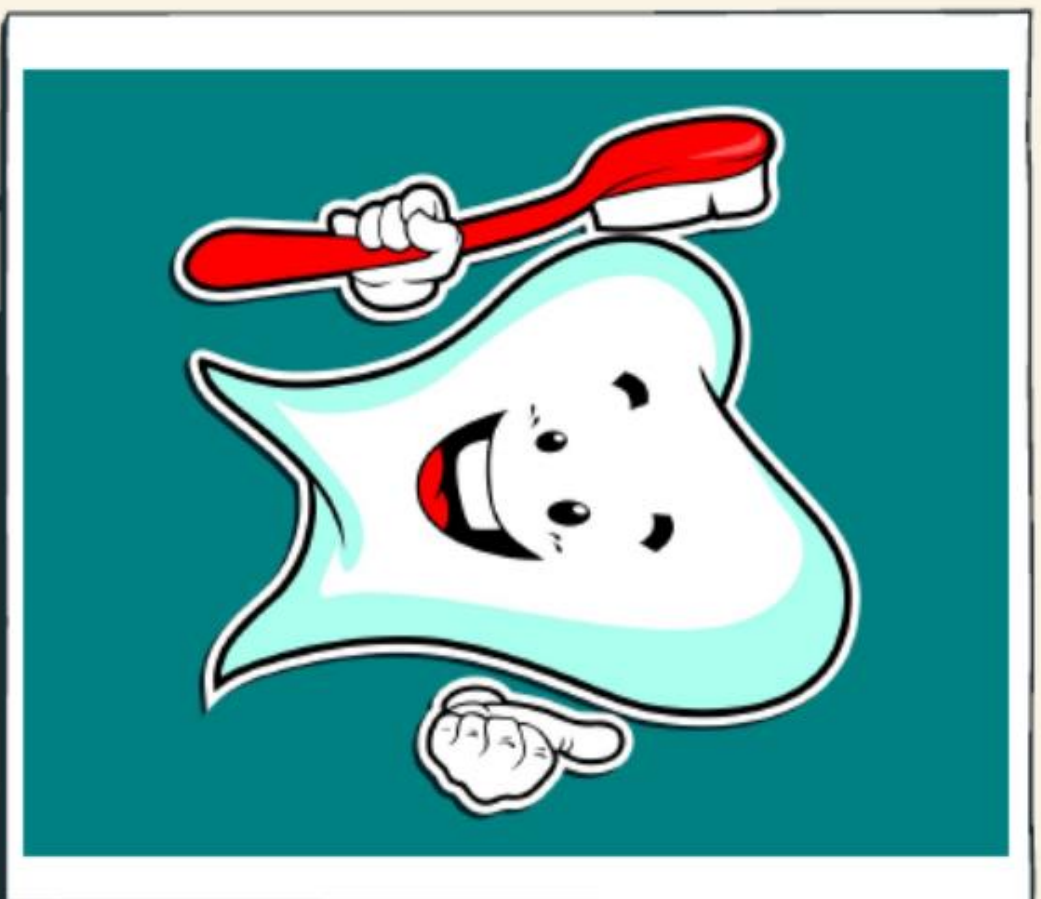






Teeth

Text by The Project Ready! Team



Teeth are really incredible. Let's take a look at some of the things that make teeth so amazing!



Do you know where to find the strongest material in your body?
It's inside your mouth, wrapped around each one of your teeth.
On the inside, teeth are soft and porous, but on the outside
they are covered by super strong enamel.

We use our teeth in many ways.



biting and chewing



talking and singing



smiling



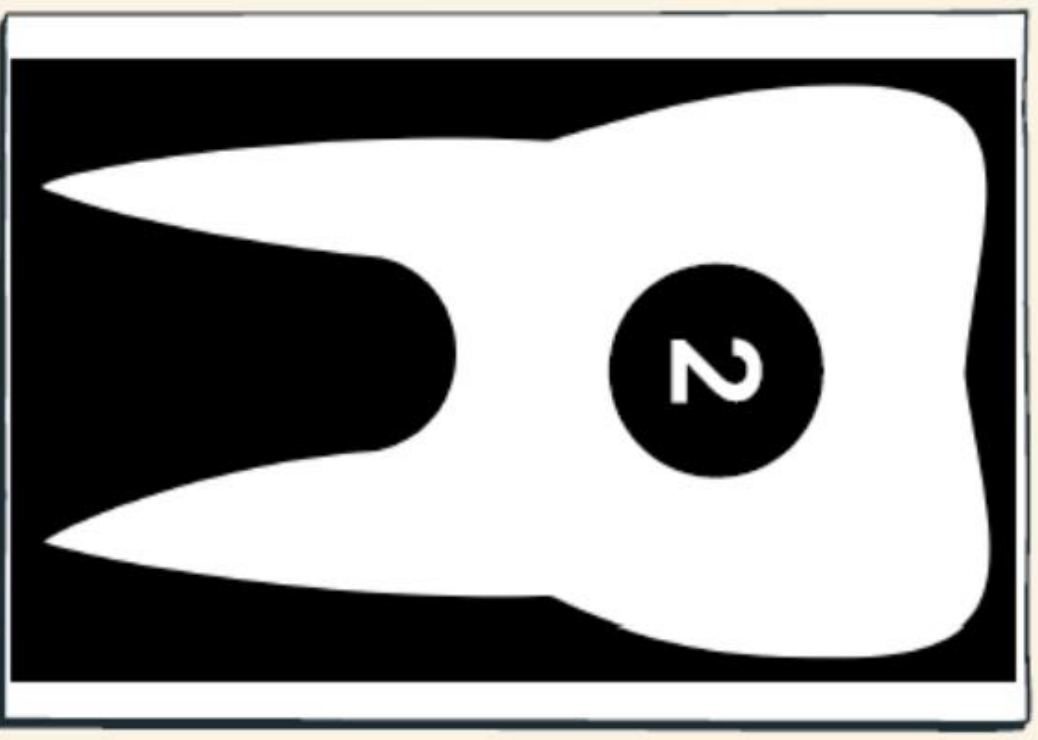
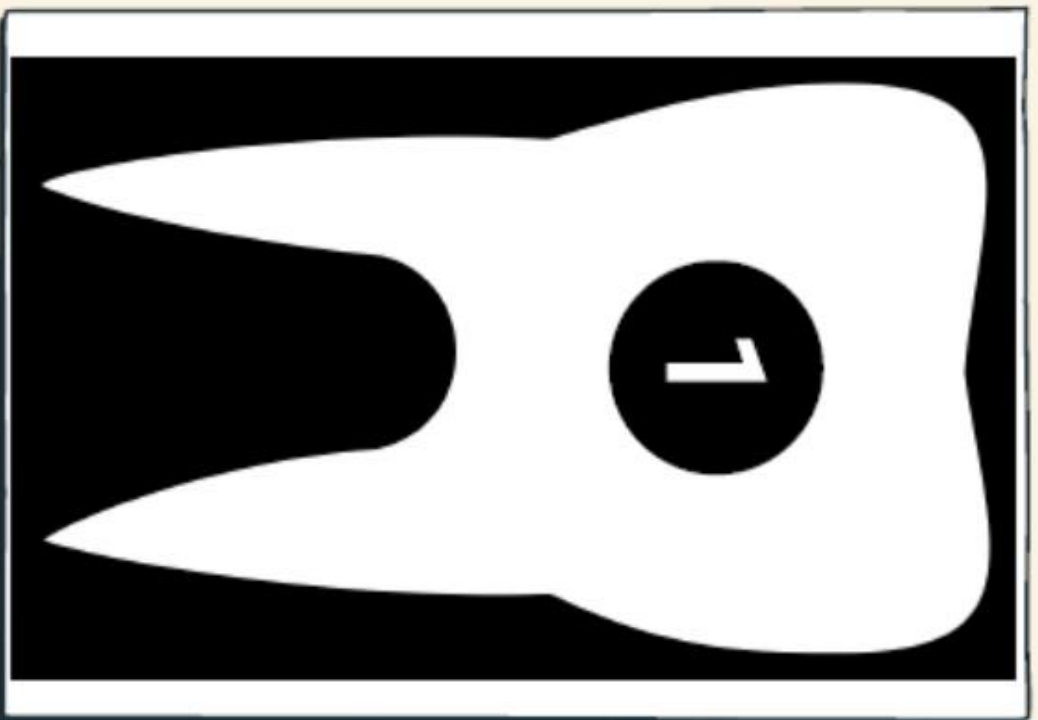
When a new baby is born, their body is very small. They have a lot of growing to do. One thing a baby will start growing is teeth! Babies do not have any teeth when they are first born.



With no teeth, eating food is impossible for a baby. That's why babies only drink milk when they are very young.



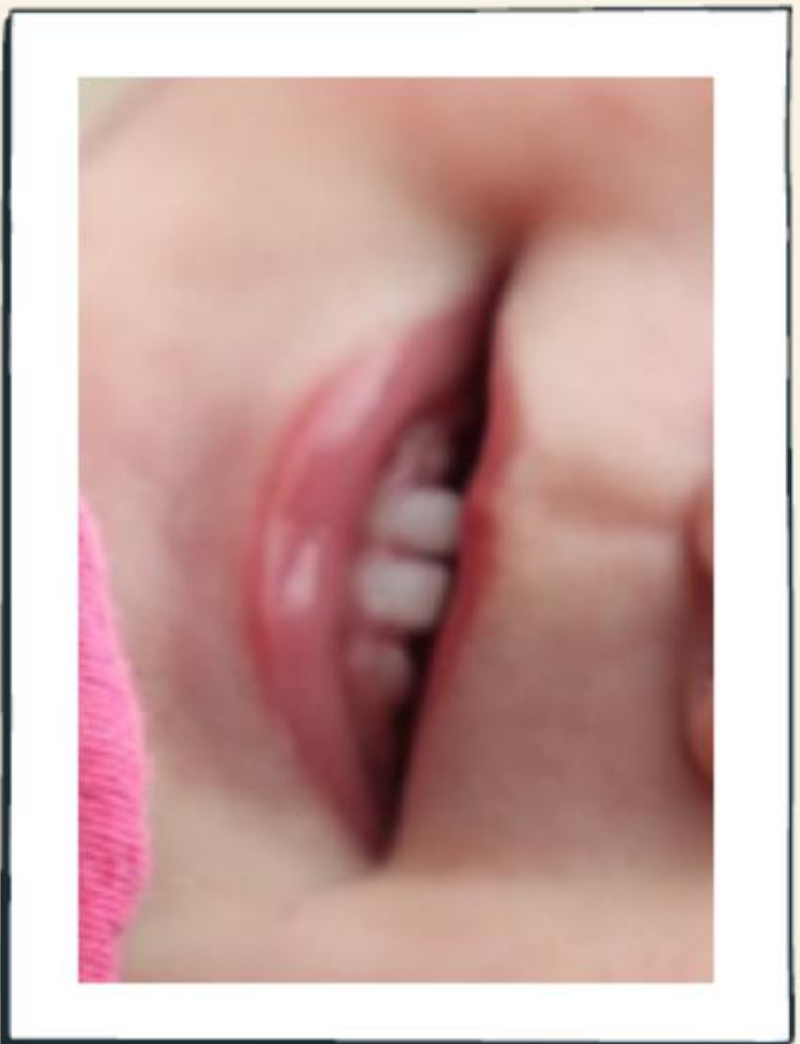
As babies get a little older, they can eat soft foods. These foods are easy for babies to eat even if they don't have many teeth yet because they don't need to be chewed.



When a baby does begin to grow teeth, they usually appear in pairs. A pair is a group of two. Let's count the pair of teeth above.



This baby just grew her first teeth. How many does she have?



She has two tiny teeth!





This baby is riding a tricycle. Can you count the teeth in his proud grin?

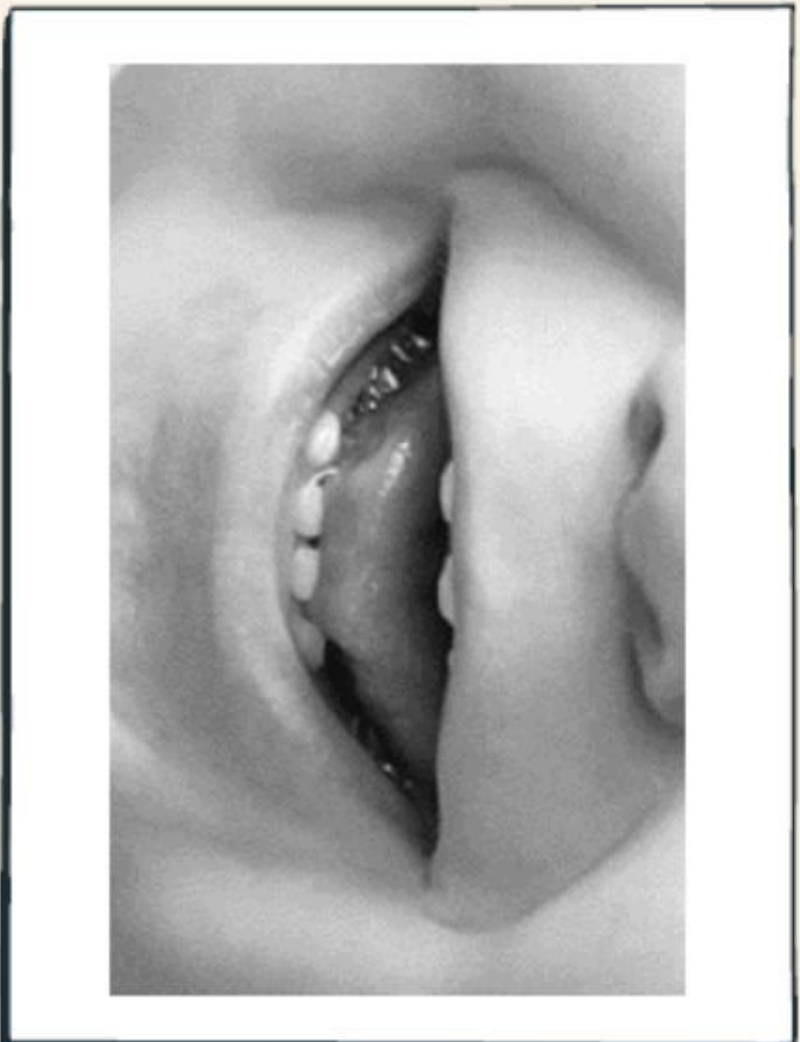


He has four small teeth!





This baby is giggling at the camera. Can you count the teeth in her glowing smile?

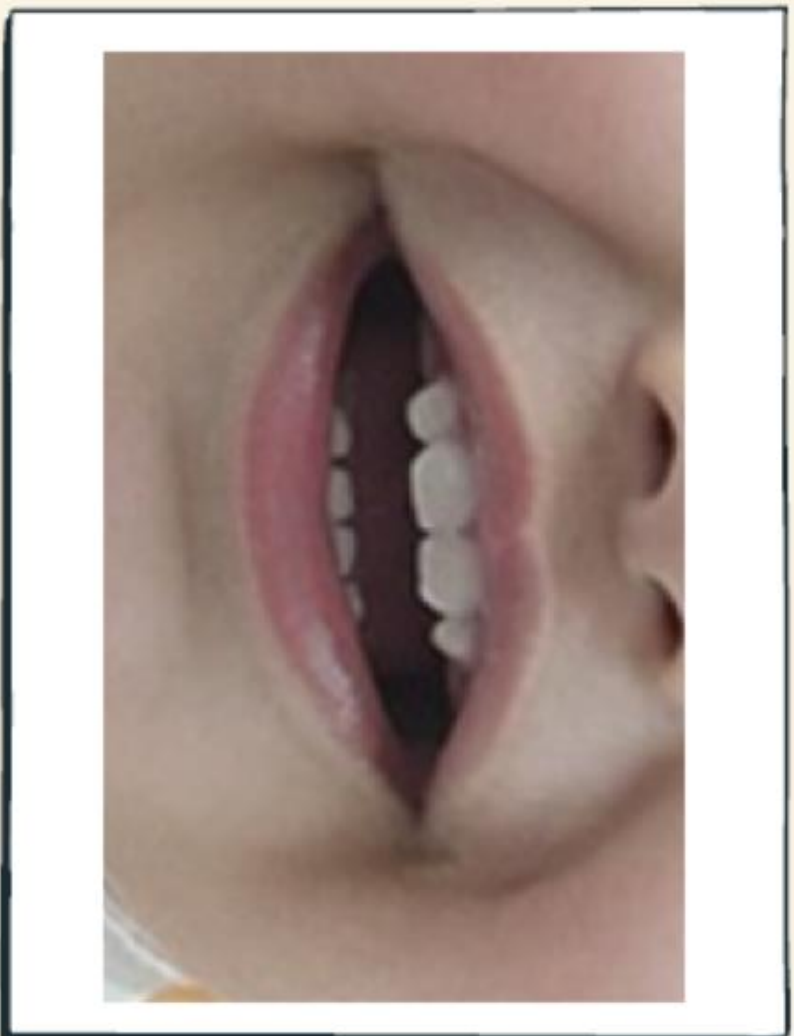


She has six pearly teeth!



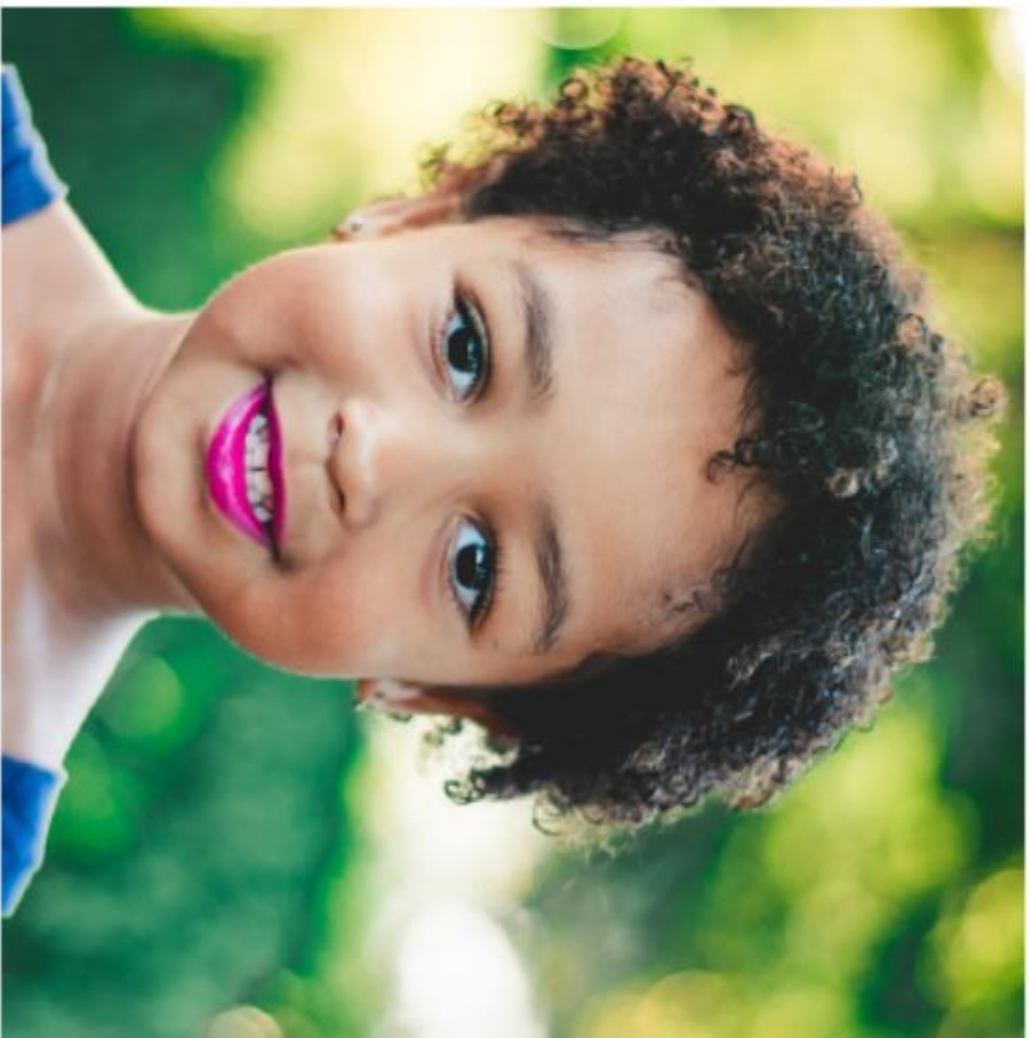


This toddler is all dressed up for a special event. Can you count the teeth in his cheerful smirk?



He has eight shiny teeth!





This little girl is wearing pink lip gloss. Can you count the teeth in her colorful beam?



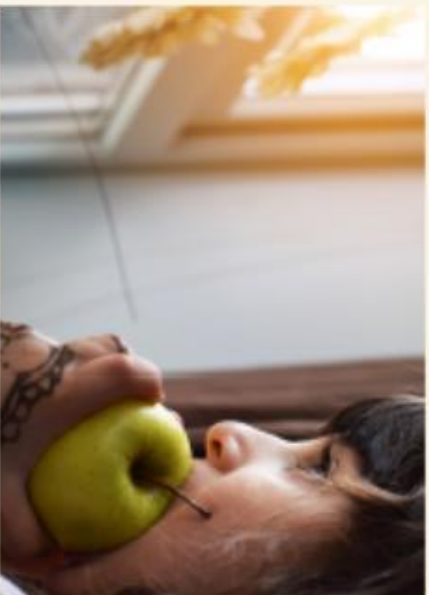
She has ten perfect teeth!

10



Very soon, babies grow into big kids with a mouthful of teeth.
This boy has sixteen teeth!

With a mouthful of teeth, you can eat many things.



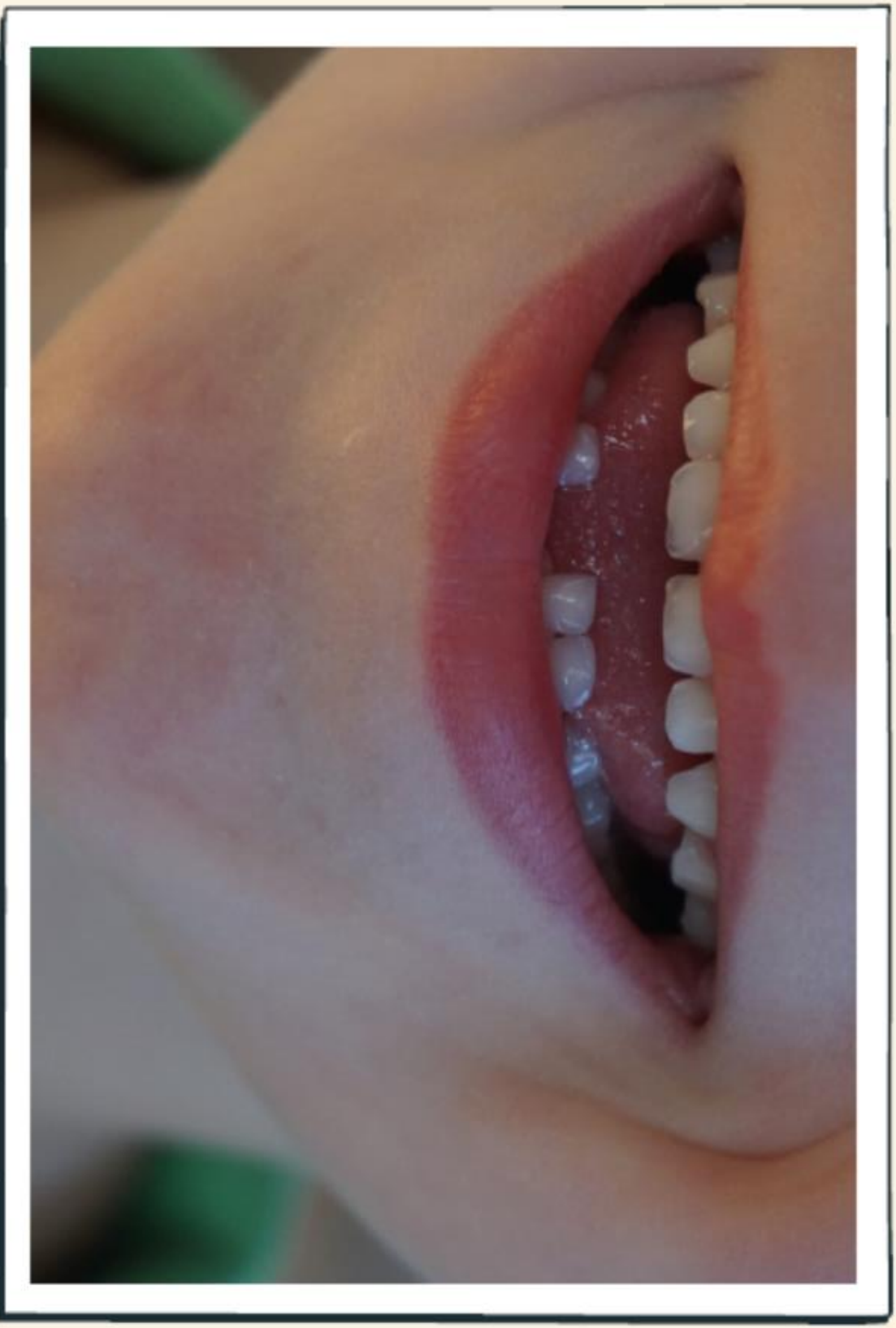
crunchy apples



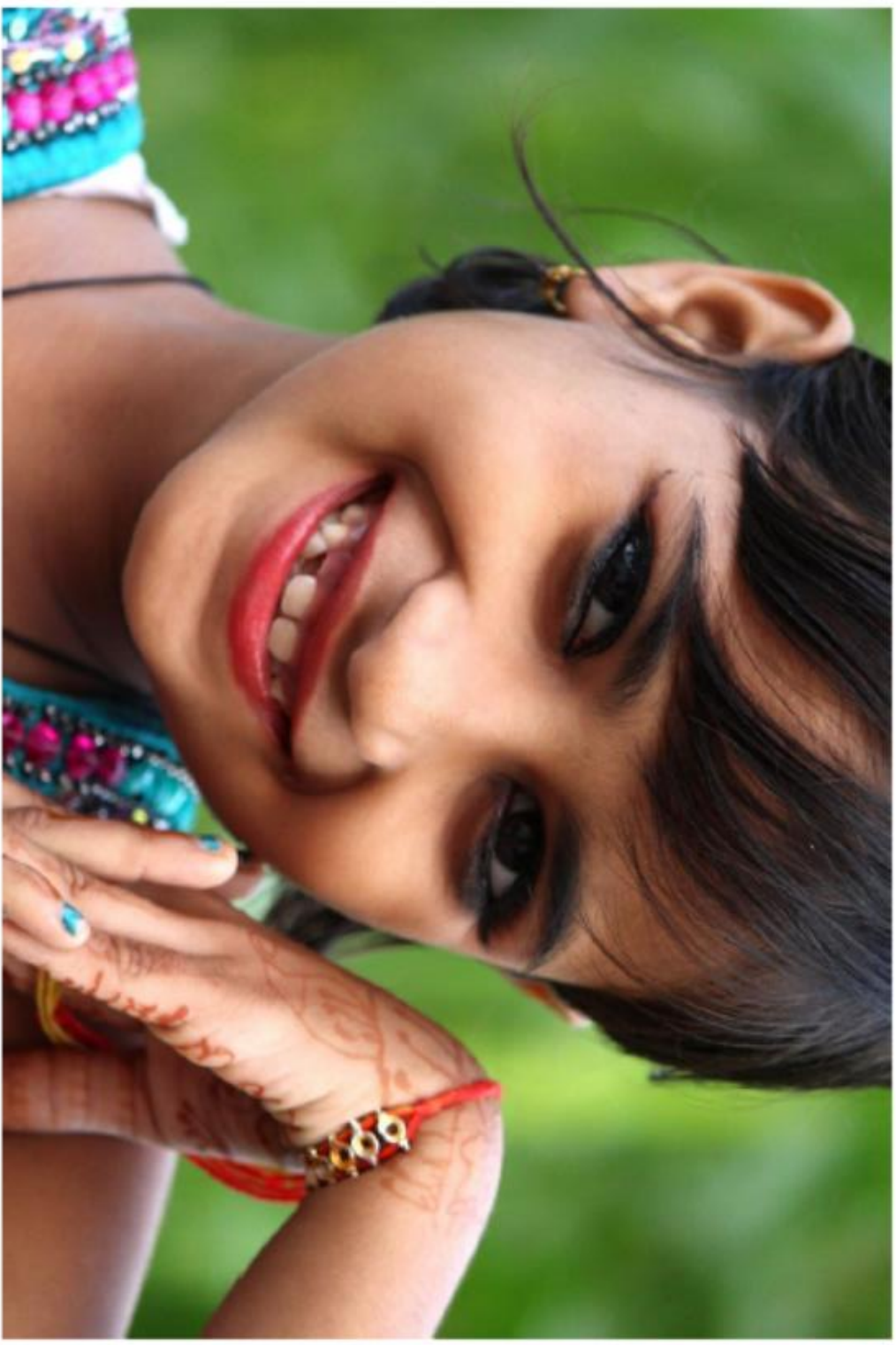
sweet pastries



buttery corn



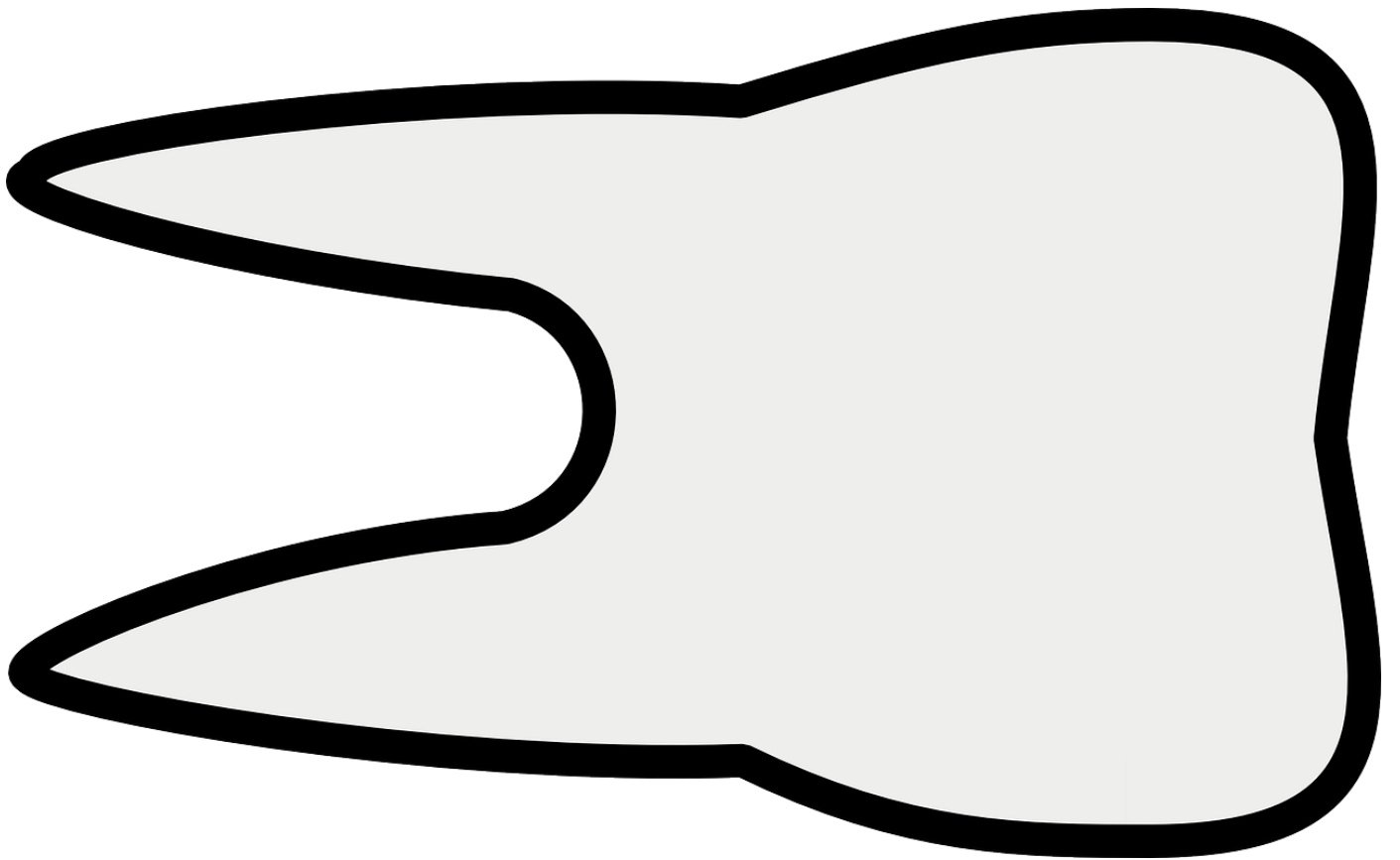
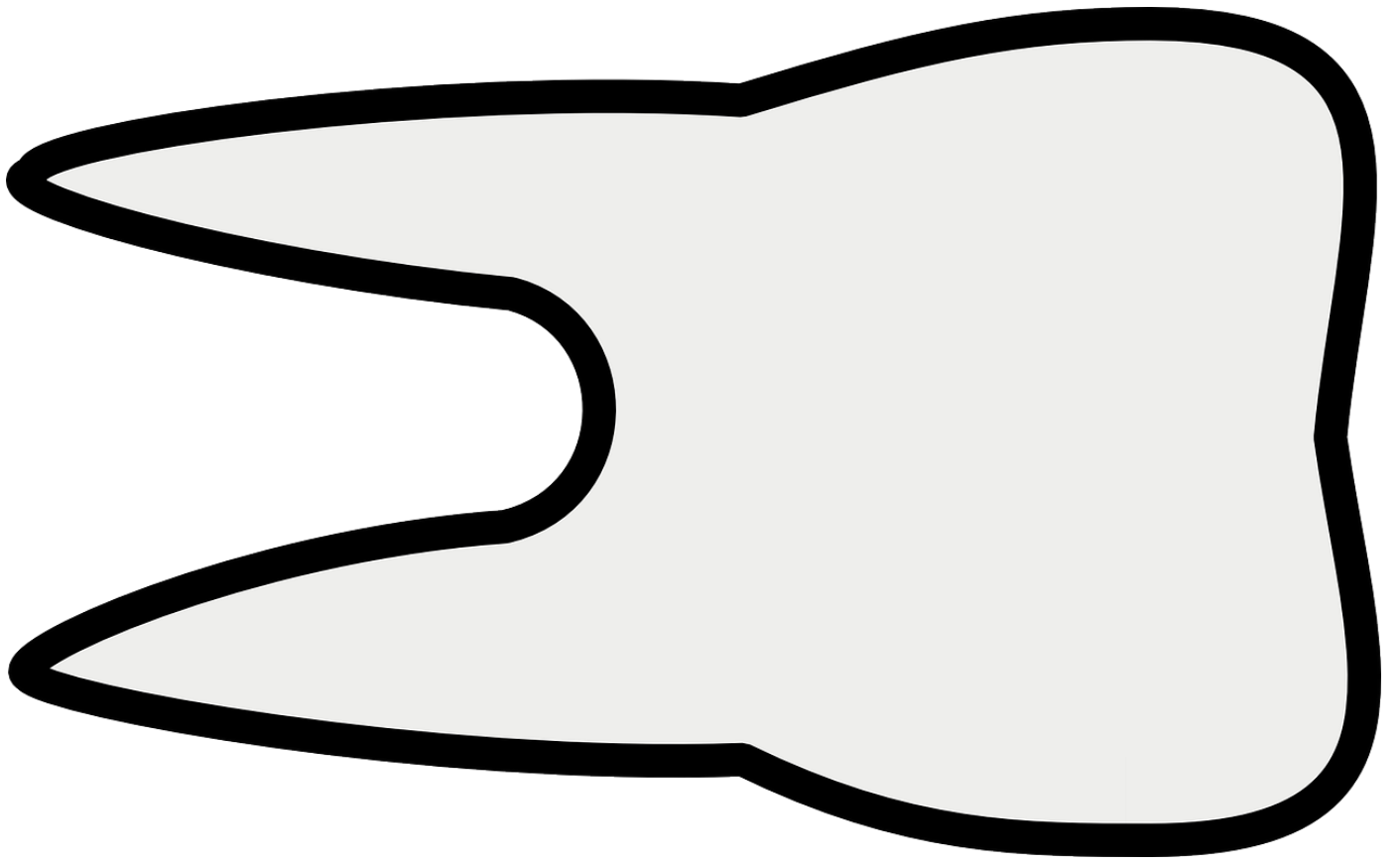
The funny thing about teeth is that when they all grow in, they start to fall out. Don't worry! Your baby teeth aren't meant to stay in your mouth forever.

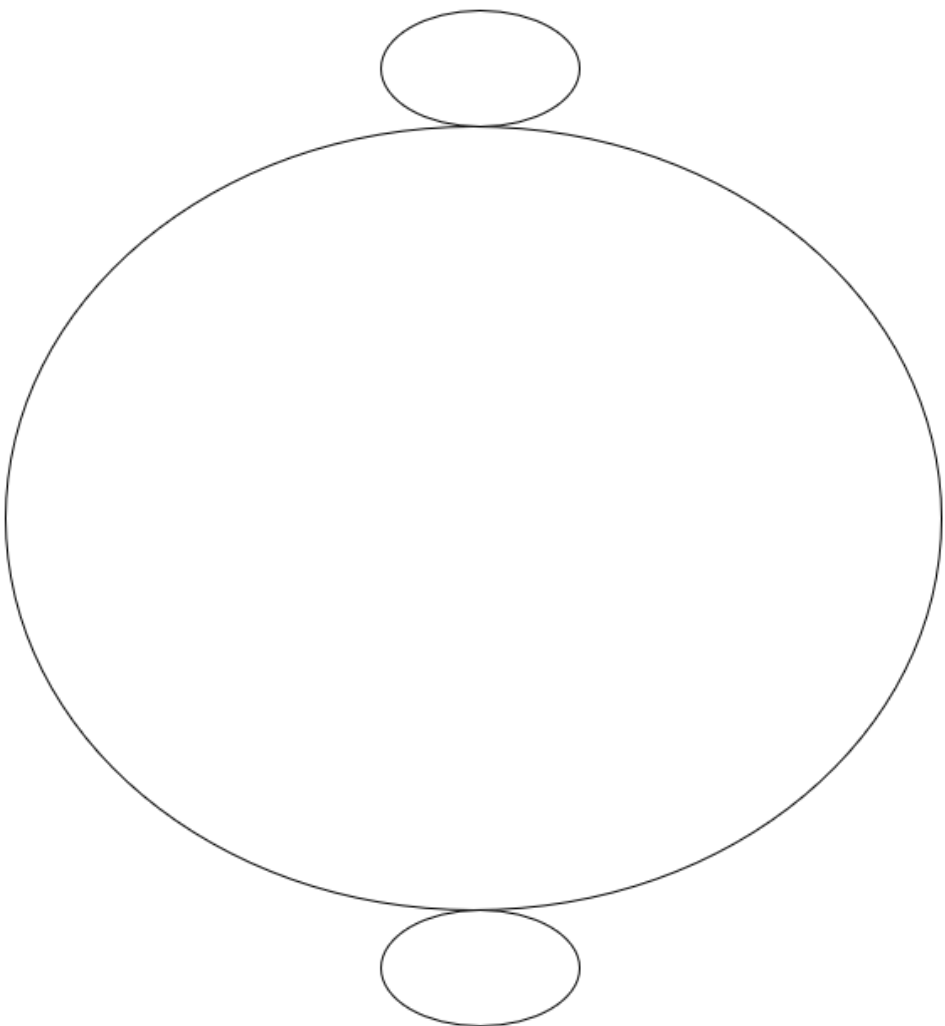


Pretty soon bigger and stronger permanent teeth will grow in their place. You'll have all your grown up teeth around the age of twelve.



Smile!



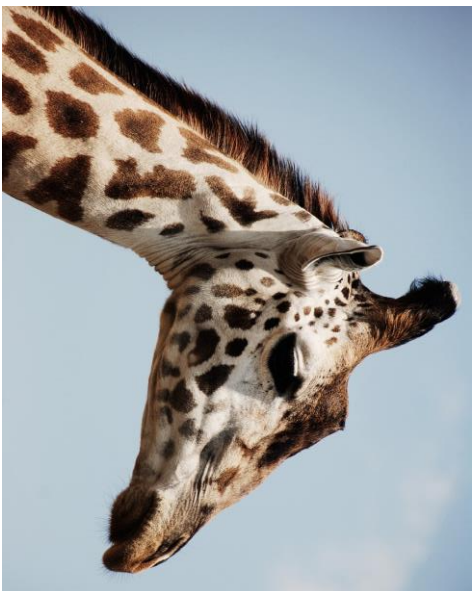
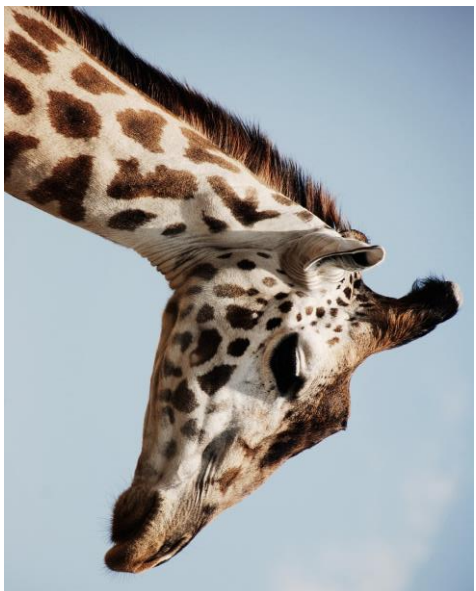


The Feelings Book
by Todd Parr

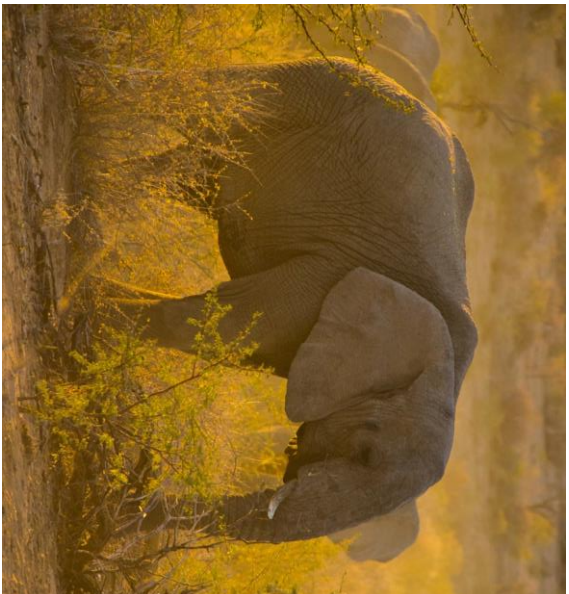
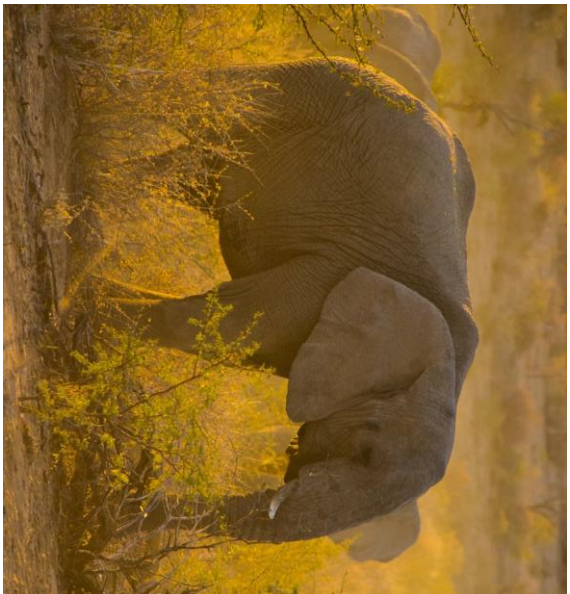
Sometimes I feel

_____.

Wordless Book *Hug* Memory Cards



Wordless Book *Hug* Memory Cards



Wordless Book *Hug* Memory Cards

